

LUNCH MENU

SOUPS

CUP \$4 | BOWL \$6

SOUP DU JOUR

» ASK YOUR SERVER FOR OUR FRESH
SOUP SELECTION

CHILLED GAZPACHO

VICHYSOISE

FRENCH ONION

CHILI

APPETIZERS

CHICKEN WINGS

» BUFFALO, ASIAN, BARBECUE, OR
CURRIE SPICE... 6 FOR \$9 | 12 FOR \$16

CHICKEN BITES

» BUFFALO, ASIAN, BARBECUE, OR
CURRIE SPICE... \$11

CHEESE QUESADILLA

» FLOUR TORTILLA, CHEDDAR JACK
CHEESE, WITH GUACAMOLE, SALSA &
sour cream... \$10
ADD CHICKEN + \$4 | ADD BLACKENED
SHRIMP + \$6 | SUB VEGETARIAN + \$4

CAPRESE FLATBREAD

» CRISPY HERBED FLATBREAD WITH
MOZZARELLA CHEESE AND TOMATOES,
TOPPED WITH FRESH BASIL AND
BALSAMIC GLAZE... \$12
ADD CHICKEN + \$2

NEW LOADED NACHOS

» TORTILLA CHIPS TOPPED WITH
GROUND BEEF, BEANS, CHEDDAR JACK
CHEESE, JALAPENO, PICO DE GALLO,
sour cream and GUACAMOLE... \$13
SUB CHICKEN + \$1

JUMBO SHRIMP COCKTAIL

» FIVE JUMBO SHRIMP, COCKTAIL
SAUCE, LEMON... \$14



SALADS

ADD ON TO ANY SALAD

CHICKEN \$5 | SALMON \$6

SHRIMP \$7

HOUSE SALAD

» FRESH MIXED GREENS, DRIED
CRANBERRIES, RED ONION, TOMATOES,
BLUE CHEESE CRUMBLES AND
WALNUTS, SERVED WITH YOUR CHOICE
OF DRESSING... \$12

*PAIRS WELL WITH HOUSE MADE
CHAMPAGNE POPPYSEED VINAIGRETTE

CAESAR SALAD

» CRISP ROMAINE, CLASSIC CAESAR
DRESSING, SHAVED PARMESAN
CHEESE, FOCACCIA CROUTONS... \$12

FORT MITCHELL SALAD

» ICEBERG LETTUCE, HAM, TURKEY,
SWISS CHEESE, FORT MITCHELL
DRESSING, CHEESE FINGERS,
TOMATOES, HARD BOILED EGG... \$15

NEW Veggie CAPRESE SALAD

» SLICED TOMATO, LAYERED WITH
FRESH BASIL, MOZZARELLA, BALSAMIC
REDUCTION AND OLIVE OIL ... \$14

BUFFALO CHICKEN SALAD

» CRISP ROMAINE LETTUCE, CRISPY
BACON, DICED TOMATOES, BLUE
CHEESE DRESSING, BUFFALO CHICKEN
BITES, BLUE CHEESE CRUMBLES... \$16

PAN-SEARED SALMON SALAD

» FRESH GREENS, TOASTED PINE NUTS,
CRISPY BACON, FETA CHEESE, FRESH
RASPBERRIES, PAN-SEARED SALMON,
RASPBERRY VINAIGRETTE... \$16

NEW Veggie QUINOA BOWL

» QUINOA, ROASTED SWEET POTATO,
SPINACH AND CASHEWS TOSSED IN A
LEMON VINAIGRETTE, TOPPED WITH
PICKLED RED ONION AND CILANTRO
SERVED COLD... \$16

TACO SALAD

» ICEBERG LETTUCE, TOPPED WITH
CHEDDAR JACK CHEESE, DICED
TOMATO, BLACK OLIVES AND OUR
HOUSEMADE CHILI IN A CRISPY
TORTILLA BOWL SERVED WITH
CHIPOTLE RANCH DRESSING... \$14
SUB CHICKEN + \$1

TRIO SALAD PLATE

» OUR HOUSEMADE CHICKEN SALAD,
TUNA SALAD, AND LOW FAT COTTAGE
CHEESE WITH FRESH SEASONAL
FRUIT... \$14

EATING RAW OR UNDER COOKED FOOD IS NOT RECOMMENDED BY THE
SURGEON GENERAL

SANDWICHES

» ALL SANDWICHES INCLUDE YOUR CHOICE OF: POTATO CHIPS, FRESH FRUIT, COTTAGE CHEESE, OR COLESLAW >>ADD \$1 FOR SWEET POTATO FRIES, FRENCH FRIES OR TATER TOTS >>ADD \$2 FOR ONION RINGS

DELI SANDWICH

» WITH YOUR CHOICE OF TURKEY, HAM, TUNA SALAD OR CHICKEN SALAD - SWISS, AMERICAN OR CHEDDAR CHEESE - WHITE, WHEAT OR RYE BREAD - TOASTED OR NOT TOASTED... \$11

HALF DELI SANDWICH AND SOUP

» A HALF PORTION OF OUR DELI SANDWICH SERVED WITH A CUP OF SOUP OR CHILI AS THE SIDE ITEM...\$10

GRILLED CHEESE SANDWICH

» TRADITIONAL GRILLED AMERICAN CHEESE ON WHITE BREAD... \$8 ADD HAM OR BACON... \$2

CLUB SANDWICH

» A DOUBLE-DECKER OF TURKEY, BACON, LETTUCE, TOMATO, MAYO WITH YOUR CHOICE OF BREAD - WHITE, WHEAT OR RYE - TOASTED OR NOT TOASTED... \$13

HALF CLUB WITH SOUP

» A HALF PORTION OF OUR CLUB SANDWICH SERVED WITH A CUP OF SOUP AS THE SIDE ITEM... WITH YOUR CHOICE OF BREAD - WHITE, WHEAT OR RYE - TOASTED OR NOT TOASTED... \$11

GRILLED MEATLOAF SANDWICH

» HOUSE MADE MEATLOAF AND CHEDDAR CHEESE PERFECTLY GRILLED ON MARBLED RYE BREAD... \$12

GRILLED CHICKEN BREAST SANDWICH

» WITH LETTUCE, TOMATO AND ONION SERVED ON A BRIOCHE BUN WITH YOUR CHOICE OF CHEESE... \$13

QUARTER POUND BURGER

» CHAR-BROILED BURGER ON A BRIOCHE BUN WITH LETTUCE, TOMATO, ONION, TOPPED WITH YOUR CHOICE OF CHEESE...\$9 ADD BACON ... \$2

HALF POUND BURGER

» A CUSTOM BLEND OF SHORT RIB AND BRISKET CHAR-BROILED TO YOUR PREFERRED TEMPERATURE, SERVED ON A BRIOCHE BUN WITH LETTUCE, TOMATO, ONION, TOPPED WITH YOUR CHOICE OF CHEESE... \$13 ADD BACON... \$2

CAPE COD SANDWICH

» BEER BATTERED FRIED COD SERVED ON RYE BREAD WITH OUR HOUSEMADE TARTAR SAUCE, LETTUCE, TOMATO AND ONION... \$13

SORRY CHARLIE

» TOASTED ENGLISH MUFFIN TOPPED WITH TOMATO, HOUSEMADE TUNA SALAD AND MELTED CHEDDAR CHEESE... \$11

WRAPS

NEW CHICKEN CAESAR WRAP

» CRISP ROMAINE, PARMESAN CHEESE AND GRILLED CHICKEN TOSSED IN CAESAR DRESSING WRAPPED IN A SPINACH AND HERB TORTILLA WITH POTATO CHIPS... \$14

NEW BUFFALO CHICKEN WRAP

» CRISP ROMAINE, BACON, TOMATOES AND BLUE CHEESE CRUMBLES WITH GRILLED BUFFALO CHICKEN, TOSSED IN BLUE CHEESE DRESSING, WRAPPED IN A SPINACH AND HERB TORTILLA WITH POTATO CHIPS... \$14

NEW TURKEY WRAP

» FRESH SLICED TURKEY, LETTUCE, TOMATO AND MAYONNAISE, WRAPPED IN A SPINACH AND HERB TORTILLA WITH POTATO CHIPS... \$14

NEW Veggie CAPRESE WRAP

» TOMATO, BASIL, MOZZARELLA, MIXED GREENS, BALSAMIC REDUCTION AND OLIVE OIL WRAPPED IN A SPINACH AND HERB TORTILLA... \$14 ADD CHICKEN + \$2

ENTRÉES

SUSTAINABLE ANTARCTIC FRESH SALMON

» PAN-SEARED SALMON SERVED WITH RICE PILAF AND A MEDLEY OF SQUASH, ZUCCHINI, RED ONION AND BELL PEPPERS, SERVED WITH A SMOKEY ROMESCO SAUCE... \$18

PETTE FILET MIGNON

» 4 OZ CHOICE HAND-CUT FILET MIGNON SERVED WITH RICE PILAF AND ASPARAGUS... \$24