

# FMCC MENU

## SOUPS

### Soup du Jour

\* ask your server for our fresh soup selection

**GF Roasted Butternut Squash**

### French Onion

**GF Chili**

## APPETIZERS

**GF Chicken Wings**

\* buffalo, Asian, barbecue, or Currie's BBQ rub... 6 for \$9 | 12 for \$16

### Chicken Bites

\* buffalo, Asian, barbecue, or Currie's BBQ rub... \$11

### Cheese Quesadilla

\* flour tortilla, cheddar jack cheese, with guacamole, salsa & sour cream... \$10 Add Chicken + \$4 | Add Blackened Shrimp + \$6 | Sub Vegetarian + \$4

### Chicken Alfredo Flatbread

\* crispy herbed flatbread with Alfredo sauce, grilled chicken, mozzarella, provolone, Parmesan cheeses, spinach and tomato... \$14

### Pickle Fries

\* Spicy cornmeal breaded pickles served with chipotle ranch... \$9

**GF Jumbo Shrimp Cocktail**

\* five jumbo shrimp, cocktail sauce, lemon... \$14

### Seared Scallops

\* Pan seared Jumbo scallops with creamy Parmesan Farro... \$16 \*Only available after 5pm\*\*

### Arancini

\* Panko breaded risotto fritters with marinara, basil pesto and Parmesan cheese... \$12

## SALADS

**GF House Salad** Add Chicken \$5 | Add Salmon \$6

\* fresh mixed greens, dried cranberries, red onion, tomatoes, blue cheese crumbles and walnuts, served with your choice of dressing... \$12  
\*pairs well with house made champagne poppyseed vinaigrette

**GF Pan Seared Salmon Salad**

\* fresh greens, toasted pine nuts, crispy bacon, feta cheese, fresh raspberries, pan-seared salmon and raspberry vinaigrette...\$16

**Caesar Salad** Add Chicken \$5 | Add Salmon \$6

\* crisp romaine lettuce, classic Caesar dressing, shaved Parmesan cheese, focaccia croutons... \$12

### Fort Mitchell Salad

\* iceberg lettuce, ham, turkey, Swiss cheese, Fort Mitchell dressing, cheese fingers, tomatoes, hard boiled egg...\$15

**GF Kale Crunch Salad** Add Chicken \$5 | Add Salmon \$6

\* Crisp colorful mix of Kale, brussel sprouts, cabbage, carrot and radicchio. Topped with roasted beets, pumpkin seeds and goat cheese. Served with apple cider vinaigrette...\$15

**Farro Bowl** Add Chicken \$5 | Add Salmon \$6

\* Farro, roasted broccoli and carrots, with a herb yogurt sauce. Served cold... \$16

### Taco Salad

\* iceberg lettuce, topped with cheddar jack cheese, diced tomato, black olives and our house made chili in a crispy tortilla bowl served with chipotle ranch dressing... \$14 Sub Chicken + \$1

### Buffalo Chicken Salad

\* crisp romaine lettuce, crispy bacon, diced tomatoes, blue cheese dressing, buffalo chicken bites, blue cheese crumbles... \$16

**GF Trio Salad Plate**

\* our house made chicken salad, tuna salad, and low fat cottage cheese with fresh seasonal fruit... \$14

## WRAPS

### Chicken Caesar Wrap

\* crisp romaine, Parmesan cheese and grilled chicken tossed in Caesar dressing wrapped in a honey wheat tortilla with potato chips... \$14

### Buffalo Chicken Wrap

\* crisp romaine, bacon, tomatoes and blue cheese crumbles with grilled buffalo chicken, tossed in blue cheese dressing, wrapped in a honey wheat tortilla with potato chips... \$14

### Turkey Wrap

\* fresh sliced turkey, lettuce, tomato and mayonnaise, wrapped in a honey wheat tortilla with potato chips... \$14

### BLT Wrap

\* Crispy bacon, lettuce, tomato, mayo and hard boiled egg wrapped in a honey wheat tortilla...\$14

## SANDWICHES

### Deli Sandwich

\* Comes with your choice of potato chips, fruit, coleslaw or cottage cheese. With your choice of turkey, ham, tuna salad or chicken salad - Swiss, American or cheddar cheese - white, wheat or rye bread - toasted or not toasted... \$11

### Half Deli Sandwich and Soup

\* a half portion of our deli sandwich served with a cup of soup or chili as the side item...\$10

### Grilled Cheese Sandwich

\* traditional grilled American cheese on white bread... \$8 add ham or bacon... \$2

### Club Sandwich

\* Comes with your choice of potato chips, fruit, coleslaw or cottage cheese. A double-decker of turkey, bacon, lettuce, tomato, mayo with your choice of bread - white, wheat or rye - toasted or not toasted... \$13

### Half Club with Soup

\* a half portion of our club sandwich served with a cup of soup as the side item... with your choice of bread - white, wheat or rye - toasted or not toasted... \$11

### Grilled Meatloaf Sandwich

\* house made meatloaf and cheddar cheese perfectly grilled on marbled rye bread... \$13

### Grilled Chicken Breast Sandwich

\* with lettuce, tomato and onion served on a brioche bun with your choice of cheese... \$13

### Quarter Pound Burger

\* Your choice of American, cheddar, pepper-jack, provolone or Swiss cheese. Char-broiled burger on a brioche bun with lettuce, tomato, onion, topped with your choice of cheese...\$9 add bacon ... \$2

### Half Pound Burger

\* a custom blend of short rib and brisket char-broiled to your preferred temperature, served on a brioche bun with lettuce, tomato, onion, topped with your choice of cheese... \$13 add bacon... \$2

### Buffalo Chicken Sandwich

\* Crusted chicken breast tossed in buffalo sauce, topped with bleu cheese crumbles, lettuce, tomato and onion, served on a Brioche bun... \$13

### Cape Cod Sandwich

\* beer battered fried cod served on rye bread with our house made tartar sauce, lettuce, tomato and onion... \$13

### Sorry Charlie

\* toasted English muffin topped with tomato, house made tuna salad and melted cheddar cheese... \$11

ALL SANDWICHES INCLUDE YOUR CHOICE OF: POTATO CHIPS, FRESH FRUIT, COTTAGE CHEESE OR COLESLAW. ADD \$1 FOR SWEET POTATO FRIES, FRENCH FRIES OR TATER TOTS. ADD \$2 FOR ONION RINGS

## LUNCH ENTRÉES

**GF Honey Bourbon Glazed Salmon**

\* Served with rice pilaf and haricot vert... \$18

### Petite Filet Mignon

\* 4 oz choice hand-cut filet mignon served with rice pilaf and asparagus... \$24





# FMCC MENU

**\*\*Not Available Before 5 PM\*\***  
ALL ENTRÉES COME WITH YOUR CHOICE OF TOSS SALAD OR CAESAR SALAD. SOUP + \$1 | WEDGE SALAD + \$2 | SMALL HOUSE SALAD + \$2

## FROM THE LAND

### Filet Mignon of Beef

\* 8 ounce choice hand-cut filet mignon , crispy onion straws, Bearnaise sauce, smashed redskin potatoes, vegetable du jour...\$37 4oz light portion...\$24

### Veal Marsala

\* Scallopini of veal, sautéed in a Marsala mushroom sauce, with linguine and grilled asparagus... \$26

### Homestyle Meatloaf

\* House-made meatloaf with mushroom sauce, smashed redskin potatoes and vegetable du jour... \$21

### Crusted Chicken

\* Parmesan panko crusted chicken breast with tarragon cream served with smashed redskin potatoes and vegetable du jour...\$20 Light portion... \$16

### GF Grilled Pork Chops

\* Bone-in chops, pork gravy, mashed sweet potatoes and vegetable du jour... Single \$18 | Double \$26

## FROM THE FIELDS

### Linguine Ala Vegetable Ragu

\* Garden vegetable ragu and linguine pasta tossed with fresh basil and Parmesan cheese... \$18  
\*add chicken + \$5 | salmon + \$6 | shrimp + \$7 | scallops + \$8

### Fettuccine Alfredo

\* Fettuccine, Alfredo sauce, peas, mushrooms and Parmesan cheese... \$19 Light portion... \$13  
\*add chicken + \$5 | salmon + \$6 | shrimp + \$7 | scallops + \$8

### Cajun Seafood Farfalle

\* Shrimp, crab, scallops, and farfalle pasta tossed in a cajun cream sauce topped with diced tomato, scallions and shaved Parmesan... \$25

### GF Butternut Squash Risotto

\* Roasted butternut squash, creamy risotto and fresh herbs... \$18  
\*add chicken + \$5 | salmon + \$6 | shrimp + \$7 | scallops + \$8

## FROM THE SEA

### GF Shrimp and Grits

\* Sautéed colossal shrimp with cheddar grits and cajun tomato sauce... \$24

### Seared Scallops

\* Pan seared Jumbo scallops with creamy Parmesan farro and haricot vert... \$30

### GF Honey Bourbon Glazed Salmon

\* Glazed Atlantic salmon with rice pilaf and haricot vert... \$26  
Light Portion... \$18

### GF Blackened Halibut

\* Blackened halibut with crab cream sauce, roasted fingerling potatoes and haricot vert...\$29

## SIDES

GF Sweet Potato Fries ..... \$3

GF Tater Tots ..... \$3

Onion Rings ..... \$4

GF Asparagus ..... \$4.50

GF Broccoli ..... \$3

GF Haricot Vert ..... \$3

Vegetable Du Jour ..... \$3

French Fries ..... \$3

GF Sautéed Spinach ..... \$3

GF Rice Pilaf ..... \$3

GF Baked Sweet Potato ..... \$3

GF Baked Potato ..... \$3

## KID'S MENU

Mini Corn Dogs ..... \$6

Cheeseburger ..... \$7

Bow-Tie Pasta ..... \$6

Fried Chicken Tenders ..... \$6

GF Grilled Chicken Breast ..... \$6

Pizza 8" ..... \$6

Macaroni & Cheese ..... \$6

Grilled Cheese Sandwich ..... \$6

